

## BIRTHMOTHERS AND MAKING AN ADOPTION PLAN

### WHO ARE THEY?

Birthmothers come from all walks of life. Their ages range from 14 to 45. Some are college graduates and others are high school drop outs. They are single and married, with and without children. They all have one thing in common: they love the child they are carrying, want a better life for him/her, and, for whatever reason, feel they cannot provide the life they envision for their child.

If we had to describe a “typical” birthmother we would describe her as a young woman in her twenties, often with other children, and without the means (emotionally, financially, socially) to care for the child they are carrying. We encourage you to cast aside any preconceived ideas you may have about birthmothers in general. They are an amazing group of women.

### FINDING YOUR BIRTHMOTHER

The purpose of finding the right birthmother is to match the desires and needs of the adoptive family. Think

of your relationship. This will help your professional in their screening process, should the relationship